



**AWMA**  
Australian Wound  
Management Association Inc.  
Victoria

# Connective Issues

Volume 18 Issue 1

## President's Report

I hope everyone had a wonderful Christmas and New Year and managed to take some time out to recharge the batteries! It's hard to believe that Christmas has come and gone and we are already well into the swing of 2015.

The AWMA (VIC) committee have been extremely busy behind the scenes organising the State Conference ***Hands on Wounds***, to be held at the Ballarat Lodge and Convention Centre on March 6<sup>th</sup> 2015. With only 6 weeks to go, registrations are filling fast and I would encourage you to register soon so you don't miss out on the early bird discount (*Closing 6<sup>th</sup> February!*). The committee have put a fantastic programme together and we are very excited to have a broad range of speakers, including keynote speakers **Wayne Naylor, Greg Duncan and Geoff Sussman**. Wayne is the Director of Nursing at Hospice Waikato in Hamilton, New Zealand and has presented and published widely on wound management in cancer and palliative care, with a particular interest in malignant fungating wounds. Wayne will be discussing some of the ***Challenges of wound management*** and will also facilitate workshops that will provide some of the more ***Practical management of malignant wounds***.

Greg is a Senior Research Fellow in the Faculty of Medicine, Nursing and Health Sciences at Monash University, Melbourne, and also works as an independent Health Services consultant. Greg is very involved with the development of evidence-based practice skills (EBP) for health professionals through various professional development programs as well as being the co-instructor in a multi-disciplinary graduate unit in EBP at Monash. Greg is a member of the editorial board of the Journal of Wound Practice and Research and Pharmacy World and Science, a peer reviewer for these journals among many others. Greg will be discussing ***Evidence-based practice – should I trust the evidence?***

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**HANDS ON  
WOUNDS**

6th March 2015  
Ballarat Lodge &  
Convention Centre

AUSTRALIAN WOUND MANAGEMENT (VICTORIA) STATE CONFERENCE



## From the Editor

Welcome to 2015, take some time away from the Australian Open to read about AWMA plans for 2015!

In case you haven't noticed from the President's Report, AWMA (VIC) are holding a state conference in March 2015. This year the theme is "Hands on Wounds". I was once told that on average most professionals take away one bit of knowledge from a conference that they can then translate into practice. One thing! Flights, accommodation, time away from home and work! All of this to take home, one thing.

AWMA (VIC) decided to try and change that and do, what we as health professionals, do best — get practical about it! The conference will comprise a series of workshops, selected at your preference so that hopefully when you leave Ballarat (after the cocktail hour has sadly ended) you can take back at least 3 treatments that will change the way you practice. Register in the next week to ensure you get the discounted early bird rate.

Needless to say, this issue of CI has a little bit more information about the upcoming conference as well as details on the next round of Professional Development and Regional Education Grants (which you can also use for the conference), plans for Twilight education and Professional Standards information.

So happy reading and see you in Ballarat!

**Casie Barrett**  
AWMA (VIC) Editor

## Member Survey 2015

During January 2015 AWMA (VIC) will be conducting the annual member survey. The link for completing the survey should have been emailed to you recently.

Thanks to everyone who has completed the short survey and made suggestions on how we can make your 2015 membership more worthwhile. If you haven't already please take the time to provide us with some feedback on what AWMA (VIC) can do for you.

If you did not receive the survey, please go to the AWMA (VIC) website and ensure your contact details are up-to-date in the Members area.

# President's Report

(continued from page 1)

Geoff holds positions in the Faculty of Medical and Health Science, University of Auckland, the Faculty of Medicine at Monash University and he has been a faculty member of the summer school on wounds at St Anne's College, Oxford University. He has been involved in wound management for over 30 years in clinical research, clinical practice and teaching and is an advisor to the Commonwealth Government on wound issues. Geoff was awarded an OAM in the Queen's Birthday Honours in 2006 for his work in wound care as a researcher, educator and clinician and in the sports of gymnastics and diving. Geoff will be discussing **Antibiotic and Antimicrobial stewardship** and will then follow on to Chair an expert panel to discuss the highly topical **Aseptic No Touch Technique guidelines (ANTT)**.

A little closer to home, we have a vast array of talented and exciting presenters who will be providing some interactive and workshops that will focus on some of the more practical aspects and challenges of wound management. Delegates are able to attend 3 workshops and can choose from the list on this page.

Continued over page

## AWMA (VIC) Conference Workshops

### Wound Debridement

Presented by *Melinda Brooks*: Nurse Practitioner, Wound Wise; Wound care consulting and education

### Wound Dressings: Practical Mag

Presented by *Jan Rice*: Wound Clinical Nurse Consultant

### Foot Offloading

Presented by *Felicity Morrow*, Podiatry Manager & Diabetes Foot Services Team Leader, Royal Melbourne Hospital and *Amanda Taylor*, Podiatry Manager Wodonga Podiatry

### Bed Surface & Seating

*Sandy Dean*: Wound Clinical Nurse Consultant; Woundscope and *Cathy Young*: Occupational Therapist; Woundscope

### Topical Negative Pressure & Exudate Management

*Sarah Ketterer*: Wound Clinical Nurse Consultant; Bendigo Health & *Marianne Crowe*: Wound Clinical Nurse Consultant; Ballarat Health

### Oedema and Lymphoedema Skin Care

*Linda Howell*: Wound clinical Nurse Consultant RDNS and Lymphoedema practitioner & *Sally James*, Wound clinical Nurse Consultant and Lymphoedema practitioner

### Lower Limb Vascular Assessment & Compression

*Mr Michael Condous*; Vascular surgeon & *Donna Nair*: Wound Clinical Nurse Consultant, Department of Health Regional Wounds Victoria Grampians region and Ballarat Health

### Palliative Wound Management

*Wayne Naylor*: Director of Nursing Hospice Waikato, New Zealand

### Wound Management and the Bariatric client.



## President's Report

The conference will finish with an expert panel consisting of:

- ♦ *Terry Swanson*; Nurse Practitioner Wound Management; Southwest Healthcare and current President of the International Infection Institute
- ♦ *Kylie Elder*: Senior Clinical Nurse Advisor Wound Management, RDNS
- ♦ *Sue Atkins*: Regional Infection control Consultant, Grampians Region, Ballarat Department of Health

The conference will be further supported by some fantastic research, innovation and cases presented by our poster authors during the day.

If that's not enough, we have an extensive trade exhibition and many opportunities for networking. Your delegate bags will be full of goodies before you even start, as this year AWMA (VIC) have done things a little differently to ensure you have plenty of practical gifts to take home. Hidden amongst the wound goodies, you will also receive *discount vouchers* to *Sovereign Hill*, *Kryal Castle* and other local attractions. Why not make a weekend of it and not only enjoy the local attractions, but get involved with the Ballarat Begonia Festival which is being held over the weekend. It's a fantastic time to be in one of Victoria's most beautiful cities

The day will be rounded off with a cocktail party for you to wind down and get ready to start the weekend. We will be announcing AWMA awards, raffle and poster winners and can assure you that the canapés are absolutely delicious! Don't forget to nominate someone you know for the AWMA Wound Ambassador Award. For further details go to: <http://www.awma.com.au/vic/ambassador.php>

It will be a wonderful conference and I am sure you will take home some great practical tips to translate into your own practice. Remember: It's the Ballarat Begonia Festival on the weekend, be sure to register and book accommodation as soon as possible so you don't miss out! I look forward to seeing you all in Ballarat!

You may think that the conference is all that AWMA (VIC) are up to, but read on!!! There is so much more happening and I hope you enjoy reading this edition of CI!

**Andrea Minnis**  
President, AWMA (VIC)

**Don't forget Early Bird registrations close on 6<sup>th</sup> Feb 2015!! AND members can apply for Professional Development grant funding to attend. Applications close on 28th February 2015**

# AWMA (VIC) State Conference

Platinum Sponsor

## AWMA (VIC) State Conference Ballarat, Friday 6<sup>th</sup> March 2015



MÖLNLYCKE  
HEALTH CARE

### Conference Program

0800-0900	Registration & Welcome Refreshments
0900-0920	Official Welcome
0920-1000	Key Note Speaker: Wound Challenges – <i>Wayne Naylor</i>
1000-1030	Key Note Speaker: Should I trust this evidence? – <i>Greg Duncan</i>
1030-1100	Morning Tea
1100-1150	Workshop Session 1
1200-1250	Workshop Session 2
1300-1400	Lunch
1400-1450	Workshop Session 3
1500-1600	Poster Abstract Sessions & Afternoon 1
1600-1630	Key Note Speaker: Antibiotics & Antimicrobial Stewardship – <i>Geoff Sussman</i>
1630-1700	Discussion Panel: Aseptic Non Touch Technique <i>Geoff Sussman (Chair), Terry Swanson, Sue Atkins &amp; Kylie Elder</i>
1700-1800	Conference Closing Cocktail Hour and Award

### Registration Costs

	Early Bird	Standard
AWMA Member	\$165	\$180
Non AWMA member	\$265	\$280
Student AWMA Member	\$130	\$145
Student (non AWMA member)	\$220	\$235

Early Bird Registrations on or before the 6th Feb  
Students must be full time and provide proof

### How to Register

All registrations are via the Online Form. To register for the AWMA (VIC) 2015 State Conference follow [this link](http://www.awma.com.au/vic/vic2015registration.php)

<http://www.awma.com.au/vic/vic2015registration.php>

Gold Sponsors



## Education Report

### Twilight Education

Welcome everyone to another year of Twilight Education evenings held at our Royal Melbourne Hospital venue. Due to the State Conference in Ballarat on March 6<sup>th</sup> 'hands on wounds' our first Twilight will be in August this year.

We have two education nights planned for 2015:

*Tuesday August 4<sup>th</sup>: Compression Therapy*

Joint presentation – practical and theory based

What evidence is available for different compression options? (bandaging and hosiery)

Practical components of application.

*Friday November 27<sup>th</sup>: 'Difficult wounds' A Panel Discussion*

Identification and management.

We are looking forward to a very interactive session for the last Twilight for 2015 planned earlier in the year to accommodate the AWMA National AGM which will be held in Victoria in preparation for our National conference in Melbourne in 2016. This will be the last Twilight for 2015 so bring your Christmas spirit and be prepared for a great, interactive and stimulating night.

### Web Streaming to Regional members:

The education committee guided by Lisa Hewitt continue to strive towards more effective live streaming of Twilights to our regional sites. We are hoping to improve and modify the technology in 2015 and make the transmission more user-friendly. Please stay tuned for more information as the year progresses.

**Sally James & Linda Howell**  
AWMA (VIC) Joint Education Officers

### AWMA (VIC) are moving with technology!

Registration for upcoming Twilights and the 2015 AWMA (VIC) Conference will be via an Online Form and Pay Pal to make it easier for members to register for AWMA (VIC) events.

Head to [www.awma.com.au/vic/committee.php](http://www.awma.com.au/vic/committee.php) to check out AWMA events, the Wound Clinics page and information on Committee members

# Education Grants



**The next round of submission dates is soon!!!**

**Do not miss this excellent opportunity!**

**Visit AWMA (VIC) website under 'Grants' [www.awma.com.au/vic/events.php](http://www.awma.com.au/vic/events.php) now for more information and the online application**

Individuals can only receive one grant every two calendar years and applications are only available to individuals who have been a member of AWMA (VIC) for a minimum of 2 years.

## What is Available?

### Professional Development Grant:

- ◆ Four grants of \$500 per year (two grants bi-annually)
- ◆ The education activity must be related to wound management.
- ◆ Funding can be used for expenses directly associated with the education activity for example:
  - ◆ Conference or short course registration fees
  - ◆ Travel costs associated with attending the conference, short course or WOW placement
  - ◆ Accommodation expenses associated with the period of the conference, short course or WOW placement



### Regional Education Grant

- ◆ Each grant of \$400 per round (bi-annually) for each region.
- ◆ For an individual or group within one of the five regional Victorian regions to convene an educational forum related to wound management and to be held within the region.
- ◆ An individual or group can apply for both grants per annum for one region. Regions include the:
  - ◆ Barwon-South Western Region
  - ◆ Gippsland Region
  - ◆ Grampians Region
  - ◆ Hume Region
  - ◆ Loddon Mallee Region

***Applications for the Professional Development Grant and the Regional Education grant close Saturday 28th February 2015***

### Jan Rice Volunteer Award

AWMA (VIC) aims to support its members in extending their wound care experience by participating in meaningful community service or work placement in remote or disadvantaged areas of Australia or internationally. The award is named after Ms Jan Rice in recognition of her outstanding contribution to volunteering and supporting those in developing countries and disaster areas in the field of wound management. It provides a valuable opportunity to gain a different perspective, make a contribution and challenge oneself both personally and professionally. The award is A\$3,000 for an AWMA (VIC) member to be spent within 12 months of receiving the award.

***Applications for the Jan Rice Volunteer Award close Sunday 1st February 2015***

**Ai Wei Ng**  
AWMA (VIC) PR Officer



# Professional Standards

As we begin a new year, I thought it would be the perfect time to remind our members to start planning their Continuing Professional Development for the 2015 year.

**Continuing Professional Development** is the means by which members of a profession maintain, improve and broaden their knowledge, expertise and competence, and develop the personal and professional qualities required throughout their professional lives. The CPD cycle involves reviewing practice, identifying learning needs, planning and participating in relevant learning activities, and reflecting on the value of those activities. (Australian Nursing and Midwifery Council, 2009).

In Australia, to maintain registration through APRAH, Clinicians must participate in at least 20 hours of “relevant” CPD per year. For those of us involved in wound care, this may include formal education such as attending Conferences, Courses, or Webinars. It may, however, also include informal education such as reading journal articles, wound care books or best practice guidelines.

Some of the most relevant wound specific Guidelines that can be recommended include:

## Standards for Wound Management

[www.awma.com.au/publications/#standards](http://www.awma.com.au/publications/#standards)

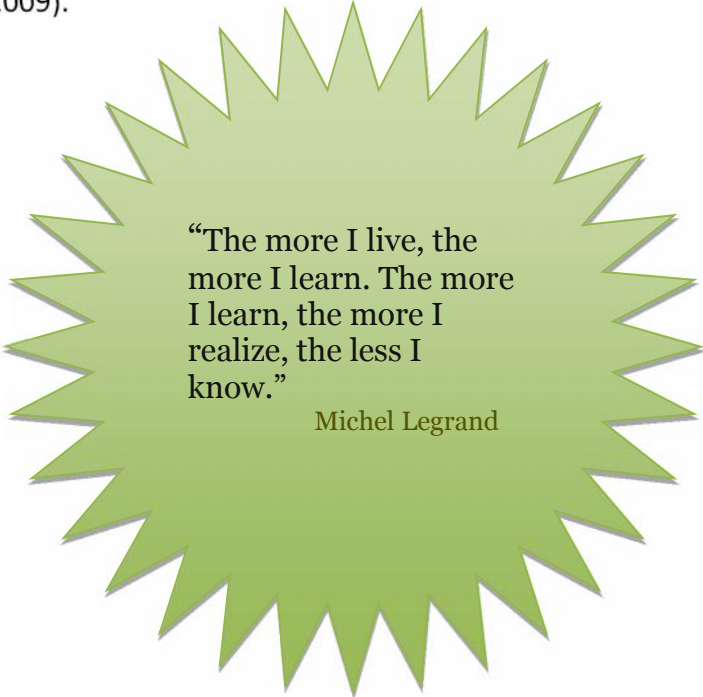
Australian and New Zealand Clinical Practice Guideline for Prevention and Management of Venous Leg Ulcers [www.awma.com.au/publications/2011\\_awma\\_vlug.pdf](http://www.awma.com.au/publications/2011_awma_vlug.pdf)

Pan Pacific Clinical Practice Guideline for the Prevention and Management of Pressure Injury [www.awma.com.au/publications/2012\\_AWMA\\_Pan\\_Pacific\\_Guidelines.pdf](http://www.awma.com.au/publications/2012_AWMA_Pan_Pacific_Guidelines.pdf)

Bacterial impact on wound healing: From contamination to infection [www.awma.com.au/publications/2011\\_bacterial\\_impact\\_position\\_1.5.pdf](http://www.awma.com.au/publications/2011_bacterial_impact_position_1.5.pdf)

Whilst these are fantastic resources that can be used to help guide our practice, there are many more guidelines and position documents that can be found online

**Toni Howells**  
AWMA (VIC) Professional Standards Officer



“The more I live, the more I learn. The more I learn, the more I realize, the less I know.”

Michel Legrand



# Regional Wounds Victoria

RWV is a collaborative of eight regional nurse consultants working across 96% of Victoria's land mass, covering 30% of Victoria's Home and Community Care clients within the rural regions. We collaborate with stakeholders to target the management of chronic wounds within the community, specifically district nursing and public sector aged care.

RWV last reported in Connective Issues about the Active Service Model forums held in 2014. We thank you for this opportunity to share some more inspiring activities happening out there in the Victorian regions. We would like to highlight the work of Victoria's 2<sup>nd</sup> Lindsay Leg Club, established in Daylesford in March 2014 as the Healthy Leg Club. Clubs essentially operate on a social model of care where the focus is giving socially isolated people a friendly place to belong and be supported by others in similar situations. Attendance is voluntary as appointments are not made; members are treated collectively and they can stay for as little or as long as they need to. The 'well leg' regime encourages members to continue visiting once their issue has resolved. For example they can visit at any time just to have their healthy leg checked. They might even come just to learn how to keep their legs healthy to prevent problems in the future. Volunteers are also an important element of leg clubs. The Daylesford Leg club is supported by the regional Wound CNC as it requires.

Recently, the Healthy Leg Club was privileged to be visited by Roland Renyi, the Lindsay Leg Club Foundation Chairman. Roland encouraged the new club by talking to members, encouraging the facilitators and offering valuable support from the UK based Charity. It was a heartwarming day to share stories with Roland about how since the club has started, many members have been able to become increasingly socially active and verbalised how attending a leg club has made a key difference in both their healing and wellness. You can learn more about how Leg Clubs operate or watch the leg club video at <http://www.legclub.org> RWV looks forward to supporting new leg clubs as more people make enquiries about setting one up in their area.

Roland Renyi (3<sup>rd</sup> from Left) with Daylesford Leg Club staff



A leg club member receives care and education in the collective environment



Leg Club members and staff socialising and supporting each other



## RWV latest resources

**Wound photo labels:** Print sticky labels to give your digital photos an effective and professional edge. Includes: guide ruler, space for UR, date & wound location. We advise only using for photos and as single use. See Our Resources/Tools tab at <http://www.grhc.org.au/vic-wound-man-cnc-project/documentstools#labels>

**Donate your unwanted bandage clips:** Don't bin those little metal clips, donate them to us instead. Lymphoedema sufferers in India desperately need them because they can't afford anything else. Our website has all the info. It's so easy to make a big difference. Just pass your saved clips to any RWV CNC at any time. We'll have a collection box at the March AWMA Vic conference.

See our achievements tab at <http://www.grhc.org.au/vic-wound-man-cnc-project/our-achievements-rwv#IAD>

**Check our website for regular updates**  
[www.grhc.org.au/vic-wound-man-cnc-project](http://www.grhc.org.au/vic-wound-man-cnc-project)

**Join our online quizzes on**  
[facebook.com/regionalwoundsvictoria](https://facebook.com/regionalwoundsvictoria)

RWV receives Commonwealth and Victorian Government funding support under the HACC program.

## Membership Information

Membership of the Association is open to all disciplines of Health Professionals interested in the management of wounds. The annual membership period of the Association is 1 July - 30 June. Professional Association Management Services (PAMS) is the AWMA National Membership Secretariat. If you need to contact PAMS directly regarding processing of your membership this can be done via

email: [admin@awma.com.au](mailto:admin@awma.com.au)

Phone: 03 9895 4435 (M-F 9:00-5:00 EST)

**For general membership enquiries email: [membership.vic@awma.com.au](mailto:membership.vic@awma.com.au)**

**For Secretariat enquiries, contact the AWMA Vic Secretariat, Di Carr on Ph: 9696 1210:**

Email: [secretary.vic@awma.com.au](mailto:secretary.vic@awma.com.au)

## AWMA (VIC) Committee Members

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Sub Committee. PR Support	Marylou Hagebols	